

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Moving w/Weights	2	3
4	5 9:00 Fab & Fit	6	7 Step 9:00	8 9:00 Stability Ball	9	10
11	12 9:00 Fab & Fit	13	14 Step 9:00	15 9:00 Moving w/Weights	16	17
18	19 9:00 Fab & Fit	20	21 Step 9:00	22 9:00 Stability Ball	23	24
25	26 9:00 Fab & Fit	27	28 Step 9:00	29 9:00 Moving w/Weights	30	31

April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:00 Fab & Fit	3	4 Step 9:00	5 9:00 Stability Ball	6	7
8	9 9:00 Fab & Fit	10	11 Step 9:00	12 9:00 Moving w/Weights	13	14
15	16 9:00 Fab & Fit	17	18 Step 9:00	19 9:00 Stability Ball	20	21
22	23 9:00 Fab & Fit	24	25 Step 9:00	26 9:00 Moving w/Weights	27	28
29	30 9:00 Fab & Fit					