

January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NO CLASS	2	3 Step 9:00	4 9:00 Moving w/Weights	5	6
7	8 9:00 Fab & Fit	9	10 Step 9:00	11 9:00 Stability Ball	12	13
14	15 9:00 Fab & Fit	16	17 Step 9:00	18 9:00 Moving w/Weights	19	20
21	22 9:00 Fab & Fit	23	24 Step 9:00	25 9:00 Stability Ball	26	27
28	29 9:00 Fab & Fit	30	31 Step 9:00			

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Moving w/Weights	2	3
4	5 9:00 Fab & Fit	6	7 Step 9:00	8 9:00 Stability Ball	9	10
11	12 9:00 Fab & Fit	13	14 Step 9:00	15 9:00 Moving w/Weights	16	17
18	19 9:00 Fab & Fit	20	21 Step 9:00	22 9:00 Stability Ball	23	24
25	26 9:00 Fab & Fit	27	28 Step 9:00			